

CEDAR CHEST - WINTER 2010

It is hard to believe that we are already just four months away from the camp season. As always, we want to bring you up-to-date with things that are happening at camp, and keep in touch with everyone over the winter. We hope you enjoy this edition of the Cedar Chest and look forward to hearing from you soon.

Bob's Toolbox
(camp caretaker)

It's pretty chilly up here but we don't have the snowfall that we usually have. However, the lake is frozen solid and there is enough snow for the snowmobiles and the snow shoe-ers to get out in the woods. I have been busy with a number of projects but it sure is quiet up here. I have seen lots of animals this year. I see quite a few when I come down the camp road early in the morning. I hope you are all having a good year in school and I look forward to seeing you back up at camp!

NOTES AND COMMENTS

Jason Tanenbaum has been in touch. Sue spoke with **Zach Page** one day when Zach and Ben were getting ready to go skiing. Sue spoke with **Ryan Rubin** one night. His brother **Paul** goes to camp, of course, and Ryan is getting ready to join us this summer! **Lindsay Link** keeps in touch. She is enjoying life in Boston and sees **Josh Kudisch** all the time. **Eli Rovit** flew from Chicago to Long Island to see **Drew Beller** and a number of Cedarites recently. **Dan Sokolowski** has written. **Matt Barber**, **Hilary Benjamin** and **John Russell** have also been in touch. Jeff saw **Blake Weltmann** down in Baltimore. Blake is doing great and has seen a number of his bunkmates this winter. Recently, Blake got together with **Jacob Cohen**, **Isaac Green**, **Harrison Silver**, **Ben Stark** & **Ethan Stavisky**.



Jon Blackwell and **Hayden Katz** got together recently. **Jake Diamond** keeps in touch. **VJ Gibbins** is back out in California. He is presenting at the Tri State and National Camping Conferences on how to run a camp health center. He was reelected as president of the Camp Nursing Association and is doing some great stuff for them. Great job **VJ!** **Jason Block** came to visit over MLK Weekend, as did **Alex & Caren Goodman**. **Michael Dornetshuber** is doing well and is playing lacrosse. **Mike Cherry** is playing a lot of lacrosse and will be on the high school varsity as a freshman. **Jason Schoen** has been in touch. He is doing well and playing lots of guitar. A number of Cedar Alumnus have been to Harvard Basketball games recently to see our own **Yanni Hufnagel** in action. **Yanni** is an Assistant Coach for Harvard, and **Jeff, Pava, Josh Kudisch, Joe Wasko, Drew Gellert, Kevin Mahaffey** and **Peter Gordon** have all gone to cheer him on this season. **Juan Gomez** writes often. He is doing well in school and can't wait for summer. **Alex Musinsky** ran into **John Hiller** at a ski resort in Ohio and saw **Sam Lazarus** on New Years Day. **Alex Apple** keeps in touch. He saw **Joey Brodsky, Eric and Drew Dannenbaum** and **Scott Spiegel** over the holidays. **Jacob Gries** is doing well and scored a 74 yard touchdown this fall on his first touch of the year. Well done **Jacob!** Our chefs, **Rocky, Keren, Vern** and **Max** our baker have all been in touch. Max's Chocolate Chip Cookies are amazing! Last summer's football staff have all been in touch recently. **Jesse Robinson** worked this year with an internship for CBS Sports. **Gerald Davis** has tried out for a number of minor league football teams and you can even see his highlight reel on YouTube! **Jeff Robbin** and **Patrick Hunter** have been in touch a number of times as well. **Reid Brostoff** was on the cover of the Jewish Advocate magazine wearing a Cedar shirt. An alumni in Hartford saw it and sent it up to the Cedar office! **Chelsea Cwiklik** wrote recently, as did **Ben Froehlich** and **JJ Jick**. Congratulations to **Josh Feshbach**. **Josh** recently nailed a three-pointer with just 13 seconds left in overtime to give his high school the win in the Nassau Classic C Final. Nice job **Josh!** **Jake Greenberg** wrote the other day. He is waiting to hear back from a

few more schools, but it looks likely that he will be heading to Law School in the fall. Way to go **Jake! Hank Olken** has been playing a lot of basketball lately. Sue spoke with **Ethan Kimmel** one night recently. **Teddy Raskin** called from vacation. **Andrew Pava saw Ethan Meyer, Max Hooker, Andrew Shapiro, Josh Gordon, Dean Bovarnick, Sam Hooker & Jack Hooker** one afternoon. **Pava** is coaching a middle school basketball team in Newton and **Ethan, Max** and **Andrew** all played for one of the opposing teams! Pava also saw Andrew's brother **Robby** the other day. **Noah Singer & Jacob Mooallem** called Jeff recently. **Mason Goldberg & Charlie Ross** have been playing lots of sports together. Lastly, congratulations to **Jared Fried**. **Jared** was recently featured as a crazed Patriots fan on TruTV's series "NFL Full Contact." Jared was flown out to London this fall to be filmed during the Patriots game at Wembley Stadium and had a blast. If you missed the first episode, be sure to tune in Monday, March 15 for **Jared's** second appearance, this one at last year's NFL draft.

CONGRATULATIONS

We have had not one, not two, but THREE Cedar engagements this winter. A big congratulation goes out to:

Tremaine Skeen & Yuliya Kolesnyk

Robby Levine & Elizabeth Sims

Zach Pava & Tarah Beckwith

Congratulations to our old friend Ewan Carradine on the birth of his first child Isla Brigid Carradine, 8lbs 9oz!

Congratulations to Andrew Lohrfink who made the varsity lacrosse squad at Georgetown and to Matthew Cherry who made the Dickinson varsity lacrosse team!

Congratulations to Max and Sam Elrad, Michael Abeshouse and Jason Schoen on their recent Bar Mitzvahs!

WORDS OF WISDOM – OLYMPIC STYLE

"The most important part about the Olympic games is not winning, but taking part: the essential thing in life is not conquering but fighting well."

- Pierre de Coubertin (Founder of Modern Olympic Games)

"When anyone tells me I can't do anything, I'm just not listening anymore."

Florence Griffith-Joyner (American Athlete, '88 Olympic Games)

"The first thing is to love your sport. Never do it to please someone else. It has to be yours."

- Peggy Fleming (American Figure Skater, '68 Olympic Games)

TRIVIA TIME

Sports Quiz – Record Breakers

1. When Apollo Ohno won his record-breaking 7th Olympic medal at the 2010 Winter games, who did he surpass?
2. Who did Kobe Bryant pass when he became the Los Angeles Lakers all-time leading scorer last month?
3. With the New Orleans Saints Super Bowl victory in January, the Saints became only the 4th team in NFL history to win a Super Bowl in their only visit to the big game. Who were the other three teams?

Cedar Quiz – Olympic Style

Last summer, Cedar's Administration was proud to represent a number of different foreign countries. Can you match the Cedar Administrator with his or her home country?

- | | |
|--------------------|-----------------------|
| a. Karen Prince | 1. Colombia |
| b. Manu VanDerWerf | 2. Canada |
| c. Juan Gomez | 3. Ireland |
| d. Anne Gallagher | 4. England |
| e. Jonathan Hughes | 5. Georgia (Ok...USA) |
| f. Tremaine Skeen | 6. New Zealand |

How Observant Are You?

Read This Sentence:

FINISHED FILES ARE THE RESULT OF YEARS OF SCIENTIFIC STUDY COMBINED WITH THE EXPERIENCE OF LIFE.

Now count aloud the F's in that square. ONLY ONCE. Do not go back and count again

COACHES CORNER

Hope everybody is enjoying their winter sports. Remember: just because the days have gotten shorter and the weather colder doesn't mean there aren't plenty of opportunities to get outside and play. Whether it's pond hockey, skiing or sledding with your friends, be sure to take every opportunity to enjoy the winter. It's been quite a winter in the sports world. The key word is redemption. The New Orleans Saints made for one of the greatest stories in NFL history. A doormat for nearly 40 years, the team and city came together to overcome not only football futility, but the devastation of 2005's Hurricane Katrina as well. Though the physical damage to the city of New Orleans is still taking its toll, the people of Louisiana can hold their heads up high as champions.

In the Winter Olympics, it doesn't get any better than Lindsey Vonn. Not only did Lindsey come to Vancouver with hopes of improving on her 2006 finish in Downhill Skiing (8th place after a back injury), but news of her recent shin injury was all the talk leading up to this year's event. So how did the shin affect her? Let's just say she's resting comfortably right now with a gold medal around her neck.

Much like Vonn in the Women's Downhill, Bode Miller was a disappointment for the US in 2006. After a less-than-stellar effort, fans and media alike criticized Miller for his performance. Rededicated to his craft, Miller came back strong in 2010, finishing with a well-earned bronze medal.

Of course, the Olympics has brought us much more than just Vonn and Miller. Apolo Ohno took home Silver in the men's short track and finished the Olympics with three medals (his 6th, 7th and 8th overall, a U.S. Winter Olympics record)! Maine's very own Seth Westcott became the first ever repeat gold medal winner in the Men's Snowboard-Cross. Speed skater Shani Davis, snowboarder Shaun White, freestyle skier Hannah Kearney and Nordic skier Bill Demong all brought home gold for the United States, as did the men's four-man bobsled team for the first time in 62 years! And of course, our hats go off to the US Hockey team, who came up just short in overtime of a truly thrilling gold-medal game.

However, the real pleasure in watching the Olympics comes from more than winning and losing. In a world where the NBA and NFL hot-topics are potential lockouts a full year away, the Olympics remind us about the simple joys of competition. Playing sports isn't about money or fame. It's about doing something you love, being a part of a team and trying your best to achieve whatever goals you have set for yourself, whether they are learning how to shoot a layup, or winning a gold medal.

Thankfully, the Olympics consistently provide us with the opportunity to watch dozens of countries come together for two weeks and simply play. Judging from the smiles on these athlete's faces, I'd saying they are doing just fine.

NATURE UPDATE

Winter is a great time to get outside and learn about the nature around you. The winter sky is very different from the summer sky and has different constellations. Try to find the constellation Orion and the three stars which make up Orion's belt. It is very prominent in the winter sky. Winter also allows you to see some great animal tracks and lots of winter birds. Check out the tracks when a snow falls. Where many of you live there are squirrels, deer, turkeys, jackrabbits, raccoons, and even coyotes are becoming more common in the northeast. Maya and I were driving just outside of Boston and one crossed the road right in front of us! Lots to see in the winter landscape. Get outside and enjoy!

E-MAIL ADDRESSES

Remember you can always e-mail us at info@campcedar.com. We love to hear from you so drop us a note and let us know what you are up to.

Sports Trivia Answers

The Cedar family would like to express our condolences to Anne Gallagher, whose mother passed away recently. Our hearts all go out to Anne during this difficult time in her life.

1. Former American speed skater Bonnie Blair (6 medals).
2. Jerry West. Though the Lakers boast some high-scoring Hall-of-Famers (Kareem Abdul-Jabbar, Wilt Chamberlain), Bryant and West's points came entirely in Laker purple and gold.
3. New York Jets (1969), Baltimore Ravens (2000), Tampa Bay Buccaneers (2002).

Cedar Trivia Answers

A -4, B-6, C-1, D-3, E-4, F-5

How Observant Are You Answer

There are six F's in the sentence. One of average intelligence finds 3, above average 4, 5 is fantastic and 6 you are a genius!

Be Well